

The BUSY Schools Campus: Newsletter

Term 1, Week 3

Friday 10 February, 2023

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The BUZZ from the Campus Principal

This week we saw the delivery of the hospital bed for the Cert II Health Services and began the course today. It is great to see so many students opting to do this certificate course as it has so many applications in the workforce whether it is in the health industry or trades or general workplaces where a good foundation knowledge of workplace health and safety practices and how to work with diverse needs in the workplace is so important. Good luck to our students as they begin this course of study.

I would like to take this opportunity to thank our students who have been working hard and taking their responsibilities at the school seriously. It is important to remember the importance of being on time to school and ready to learn each day. This attitude and behaviour demonstrates a readiness for the workforce as well as respect for staff, families, and for students including themselves. We encourage families to talk about the commitment students made when they enrolled, and how they need to take advantage of the opportunities that the BUSY Schools offer but that the individual needs to follow through and do their part too. Please remember the school rules that promote our high standards of responsible behaviour that were identified in the Enrolment Agreement:

- Be safe
- Be respectful
- Be a learner
- Be strong

Unfortunately, earlier this week, there was an altercation outside the school building, after school hours, with people who do not attend our school. We are currently investigating the incident but would like to take this moment to remind students to be mindful of people who are not part of our school community but are within proximity to our school area. Families are encouraged to please take the time to discuss ways to stay safe and for students to be 'buddies' to each other whilst traveling to and from the school. Please see the Wellbeing section of the newsletter for ways students and families can get support if needed.

Subjects have now well and truly begun and it is great to see how many of our students are enthusiastically engaging with their teachers and classes. Please check the Assessment Schedule for guidance about when tasks are being given out and the different checkpoints along the way.

This week we had guest speakers from Drug.Arm visit the school to speak with students about the Drug Awareness, Rehabilitation, Management. Again, it was great to see how respectful and attentive students were during these sessions. For more information about Drug.Arm visit: <https://www.drugarm.com.au/>

Next Friday is Census Day where schools need to record and report student enrolments and attendance. This data is used by the government to make decisions about funding and policies for schools. The BUSY Schools Brisbane City has been on an exciting enrolment journey with over 40 students now enrolled. This week, we needed to split our Group 2 Year 11D class into a second class of 11E so that we could maintain our commitment to a maximum of 16 students in each class. Thank you to all our families and students for their flexibility and understanding of these changes. We continue to grow as a school and we anticipate that over the next few weeks and throughout the term, our numbers will continue to increase and with that, the possibilities to create more fantastic learning and work readiness opportunities will also develop.

Anne English
Campus Principal

Meet the Staff: Cam – Social and Communities Studies Teacher



My name is Cameron and I'm the Social and Community Studies teacher for the Brisbane City Campus. Before joining the BUSY Schools, I was a teacher at the Murri School and the Hemmant Flexible Learning Centre.

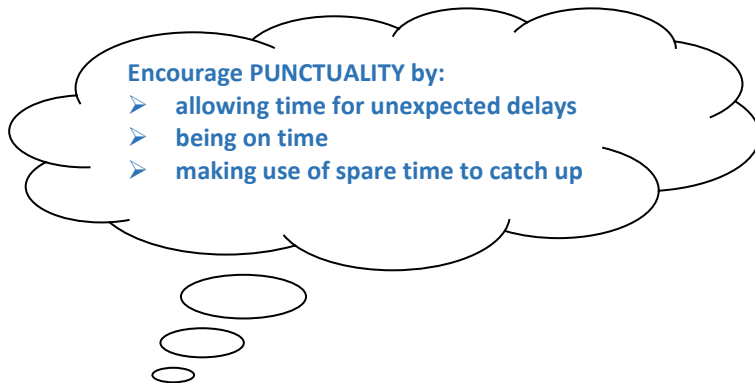
When I first left school, I was not sure what I wanted to do. I studied Architecture for a year, worked in a warehouse for Woolworths, started a band, and eventually finished a Bachelor of Music at QUT.

My passion for music has taken me to places all around the world. I used to live in Nashville Tennessee writing songs and running the "Music City Hostel". I've been in bands that have played festivals all around Australia. Every so often I'll still perform in venues around town. I'll always enjoy playing music.

It has been amazing being a part of the BUSY Schools community. I have been so impressed with the students and the staff. Everybody has been working together to make the Brisbane City Campus a success. I look forward to helping the students achieve their personal and academic goals in 2023.

Curriculum:

Tips for supporting student learning:



Reminder: Our school uses **Microsoft Teams** and **OneNote** to enhance the learning experience for our students.

Students can access class materials and assignments, collaborate on projects with classmates, and use One Note as a digital notebook, to store class notes, complete assignments, and organize their work.

Parents and carers can access this platform from home to support young people. You can view your child's class materials, see their progress, and stay informed about their assignments.

This will help you to stay involved in your child's education and support their learning at home.

If you have any questions or concerns, please do not hesitate to contact me.

We are confident that Teams and OneNote will be a valuable addition to our students' learning experience.

Jaya Sockalingam

Curriculum Coordinator / Maths Teacher

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Exciting opportunity for girls from UNIQ You – Meet women in industry!

UNIQ You advisors work for some of Australia's leading organisations and are excited to provide a glimpse into their personalised, powerful and real-world of STEM and VET career pathway advice. Their advice offers powerful insight into some of the most male-dominated industries in Australia.

This FREE event is available exclusively to students from schools registered with UNIQ You in 2023 and will also include more information about the UNIQ You service:

- How it complements and adds value to the SET planning process and post-school pathway selection
- How it empowers girls to explore and consider new and unique opportunities in evolving industry landscape

The advisors look forward to meeting you and beginning new and exciting conversations that open new opportunities and pathways for students.

Session 1: Tuesday 21st February 4:00pm-6:00pm, located in Manly.

<https://www.eventbrite.com.au/e/meet-our-uniq-you-advisors-irl-tuesday-21-february-2023-registration-517158173017>

Session 2: Thursday 23rd February 4:00pm-6:00pm, located in Wavell Heights.

<https://www.eventbrite.com.au/e/meet-our-uniq-you-advisors-irl-thursday-23-february-2023-registration-529950906427>

Meet UNIQ You's advisors IRL!

We're taking the conversations offline and offering the FREE opportunity for students to meet some of our advisors 'In Real Life'!

Students, parents and educators will get a glimpse into the personalised, powerful and real-world STEM and VET career pathway advice UNIQ You advisors can offer.

We look forward to meeting you and beginning exciting conversations that open opportunities and pathways students didn't know existed.

Northern Suburbs Bowls Club, 175 Edinburgh Castle Road, Wavell Heights
THURSDAY 23 FEBRUARY | 4.00pm - 6.00pm

BOOK YOUR SPOT NOW >

Places are LIMITED! Be sure to book your spot!

BOOK YOUR SPOT NOW >

to

Wellbeing: From the Youth Worker – Tania

KINDNESS

Everyone is walking their own journey, yet we are all here on this same path at The BUSY Schools Brisbane City Campus. Remember to be kind. Be kind to others and be kind to yourself.

Ways to be kind to yourself can be:

- ✓ Celebrating your achievements; showing up to school on time, completing all the work set in class
- ✓ Eat healthy foods
- ✓ Move your body; dance, exercise, walk with a friend

This **Friday 17th February is Random Acts of Kindness Day.**

For more information check out www.randomactsofkindness.org











Random Acts of Kindness can include:

- ✓ Checking in on a friend, a new person at school, at parent or family member at home.
- ✓ Doing something thoughtful or helpful for someone you care about.
- ✓ Giving a compliment to a person you know.

Being kind to yourself and others causes a positive ripple effect that may just change someone's day for the better. Now, wouldn't that be a nice thought...

Support Services

 <p>Butterfly LET'S TALK eating disorders</p>	<p>Support for eating disorders and body image issues.</p> <p>Talk to someone now- Call the National Helpline 1800 33 4673</p> <p>Chat Online 8am-Midnight, 7 Days per week with a Counsellor.</p> <p>It is not a crisis care service. In an emergency dial 000, Life Line 131 114 or Kids Helpline 1800 55 1800.</p>	 <p>Kids Helpline 1800 55 1800</p> <p>Phone support is there all day, every day Online support is open from 8am-midnight every day (AEST)</p>	 <p>Suicide Call Back Service 1300 659 467</p> <p>Phone support all day, every day, and follow-up calls</p>
 <p>Open Doors YOUTH SERVICE INC.</p>	<p>Open Doors Youth Service provides support to young people with diverse genders, bodies and sexualities.</p> <p>We support young people who identify as Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Asexual, Pansexual, Sistergirl or Brotherboy (LGBTIQAP+ Sistergirl & Brotherboy)</p> <p>Phone: (07) 3257 7660</p>	 <p>headspace</p> <p>headspace 1800 650 890</p> <p>Open 9am-1am daily (AEST)</p>	 <p>Lifeline 13 11 14</p> <p>Phone support all day, every day Online support 7pm-4am daily (AEST)</p>
 <p>LIVIN'</p>	<p>Remember, help is always close.</p> <p>Mental Health and Wellbeing 13 11 44</p> <p>Remember, help is always close. It ain't weak to speak</p>	 <p>Beyondblue 1300 22 4636</p> <p>Phone support all day, every day Online support 3pm-midnight every day</p>	

Friendly February 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Friendly February 2023								
	1. Send a message to let someone know you're thinking of them	2. Ask a friend how they have been feeling recently	3. Do an act of kindness to make life easier for someone	4. Invite a friend over for a 'tea break' (in person or virtual)	5. Make time to have a friendly chat with a neighbour	6. Get back in touch with an old friend you've not seen for a while	7. Show an active interest by asking questions when talking to others	8. Share what you're feeling with someone you really trust
	9. Thank someone and tell them how they made a difference for you	10. Look for good in others, particularly when you feel frustrated with them	11. Send an encouraging note to someone who needs a boost	12. Focus on being kind rather than being right	13. Smile at the people you see and brighten their day	14. Tell a loved one or friend why they are special to you	15. Support a local business with a positive online review or friendly message	16. Check in on someone who may be struggling and offer to help
	17. Appreciate the good qualities of someone in your life	18. Respond kindly to everyone you talk to today, including yourself	19. Share something you find inspiring, helpful or amusing	20. Make a plan to connect with others and do something fun	21. Really listen to what people say, without judging them	22. Give sincere compliments to people you talk to today	23. Be gentle with someone who you feel inclined to criticise	24. Tell a loved one about the strengths that you see in them
	25. Thank three people you feel grateful to and tell them why	26. Make uninterrupted time for your loved ones	27. Call a friend to catch up and really listen to them	28. Give positive comments to as many people as possible today	29. Share something you find inspiring, helpful or amusing	30. Focus on being kind rather than being right	31. Support a local business with a positive online review or friendly message	32. Check in on someone who may be struggling and offer to help
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ACTION FOR HAPPINESS	Happier · Kinder · Together							

Wellness Room:

We remind all students and staff that the Wellness Room is now available for improving your physical, social, occupational, intellectual, environmental spiritual, and emotional wellbeing. This is a quiet and private place where you may need to take a moment to refresh and repair. Please check in with Harrison to gain access to the room that is near the Sick Bay.



Feedback Process

At The BUSY Schools we want everyone to have a voice! We want to hear any compliments and/or concerns. The best way for feedback to be effective it to pass it through the most relevant channels. If you have anything you need to express, you could:

- Approach the relevant people directly and have a respectful conversation to resolve the incident;
- Approach Anne English to discuss the issue; and/or

Report the feedback on the BUSY Schools Website: <https://www.busyschools.qld.edu.au/busy-schools-feedback/>

INCLUSIVITY
People of all communities coming as one team for common goals.

EXCELLENCE
We always strive to exceed.

RESILIENCE
Equipped to meet challenges and excel.

Integrity
We act with honesty and sincerity.

Innovation
Embracing new ideas and technology to stay ahead of change.



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