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The BUZZ from the Campus Principal

Enrolments Update

Last Week's Enrolments: 69
School Total Enrolments: 74

New Year 11 Enrolments: 3
New Year 12 Enrolments: 2

Course and program sign-ups for Term 2

We are now taking names for students who would like to enroll in the **Certificate III Entrepreneurship and New Business**. Skill 360 from the BUSY Group will provide the training and learning so all students who enroll in the course will need to complete a Literacy, Language, and Numeracy test and complete the enrolment form.

Please note that for students to be able to participate in the running of a small business stall at the markets, they must demonstrate a commitment to the course through their attendance and completion of class work.

We will also be offering the **Thrive** mental and physical health program as of Week 2 during Tuesday (Group 1) and Thursday (Group 2) elective classes at 12.00-12.45pm. Students must have a signed consent and waiver form prior to attending this activity.

The Training Ground is local friendly gym who have joined with us to offer students fitness sessions during their Monday (Group 1) and Wednesday (Group 2) elective classes at 12.00-12.45pm. Josh and his team have given the BUSY School a great discount as their way of supporting our students. The team is really enthusiastic about seeing our young people achieve their goals and are excited to join us in Term 2.

Fire Evacuation Drill

This week we had our first school fire evacuation. Students and staff made their way to Assembly Area in Cathedral Square in a calm and swift manner. We will have another fire evacuation drill later in the year and two (2) lockdown drills throughout the year as per regulations for schools.

Student Voice Leaders

We are pleased to announce our new Student Voice Leaders -

Senior Teacher, Nola, will support our student leaders as they serve the student body, voice student opinion and ideas, and develop their leadership and support for events/activities in the school. We look forward to hearing and seeing what ways our campus can be a place where better experiences and outcomes are available for our school community.

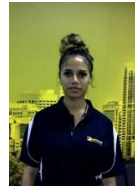
School Captain:
Imani O'Brien



School Captain:
Lucca Zappala



Cultural-Eco Leader:
Anne-Marie Francis

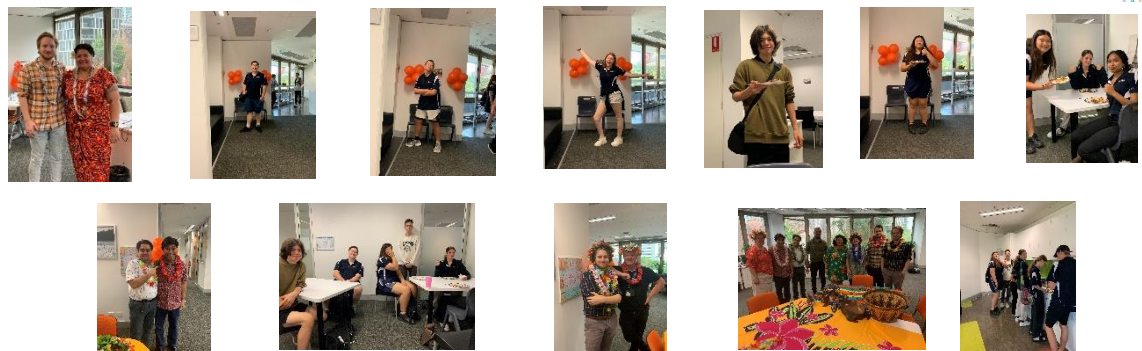


Cultural-Eco Leader:
Rania Kahyash



Harmony Week

This week we celebrated the diversity of our community with an International Festival of Food. Teachers and students brought in different foods from around the world to share for lunch on Tuesday and Wednesday.



Anne English
Campus Principal



Need **HELP** deciding which
CAREER path to take?

Get real world insight
and advice from women
in the know!

*I left
"mainstream"
school in
Year 10*



*I studied pop
music and
performance*



*I switched
from
medicine*

*I'm working to
find new
energy sources*



*I had no
idea what I
wanted to
do*



*I changed
from arts
to science*

UNIQ *You*

Choosing a career path is a big decision! It can be overwhelming, with so many choices and lots of information to consider. Talking to women who have been where you are and are now working in their dream jobs can open your eyes to new opportunities and what it's really like. If you're in Grade 9-12, UNIQ You can arrange a video call with one of our amazing advisors, so you can get all your questions answered.

To find out more:

**Talk to David
in The Hive**

Visit uniqyou.com.au



HOW TO BOOK A CALL

STEP 1: CHOOSE YOUR ADVISOR

Explore unique and interesting roles and pathways through the [UNIQ You website](#) or view our advisors by subject guide. These options give you access to our of almost 100 strong, positive, female role models.



STEP 2: COMPLETE BOOKING REQUEST FORM

Once you know who you would like to talk to, complete the easy-to-use [online booking form](#) to request a call at a time that suits you.

STUDENT BOOKING FORM



STEP 3: HAVE THE CALL!

Keep an eye on your email for a confirmation email with a date, time and Zoom link. You will also be joined on the call by a UNIQ You team member or your school educator. You are also welcome to bring a friend along on the call as long as they are not on camera.



Curriculum:

Tips for supporting student learning:



Encourage Participation by:

- Join in activities and discussions
- Engage with learning
- Be an active listener
- Have a positive attitude
- Lead by example

Reminder: Our school uses **Microsoft Teams and OneNote** to enhance the learning experience for our students. **Students** can access class materials and assignments, collaborate on projects with classmates, and use One Note as a digital notebook, to store class notes, complete assignments, and organize their work.

Parents and carers can access this platform from home to support young people. You can view your child's class materials, see their progress, and stay informed about their assignments.

This will help you to stay involved in your child's education and support their learning at home.

Microsoft Teams
+ OneNote
work together to
make your life easier



The Hush

The Hush is a quiet room for quiet work or for quietness at breaks.

Students can come in on the flexible industry days to catch up on their subjects or work on assessment or to work on some of their TAFE components.

The Hush will also be used by new students when they first start as part of their orientation with the support of the Teacher Aide or other staff.

With the start of our new teachers, The Hush will now have teachers available to help students who need any extra support with their learning.



Upcoming Events/Activities:

2023 QATSIF (Queensland Aboriginal and Torres Strait Islander Foundation) Creative Arts Competition. This competition is **open to all Aboriginal and Torres Strait Islander secondary students** in Queensland schools. There is no limit to the range of creative arts that can be entered, so please don't be limited by the suggestions on the poster.

This will be the 6th annual QATSIF Creative Arts Competition. You can check out some of their deadly 2022 QATSIF Creative Arts Competition entries at: <https://youtu.be/q8c1rfw0hik>

All students entering the competition will receive a certificate and either a trophy or medallion. Griffith University will be sponsoring the competition again and are planning to connect with some of the young artists to offer additional opportunities.

If you are interested, ask Harrison for an entry form.



Calling all YEAR 12 Students: 2024 QTAC Guide cover competition

Over the past few years, QTAC have featured artwork created by Queensland Year 12 students on the front cover of the QTAC Guides, and this year they're doing it again! One lucky current Queensland Year 12 student will get the chance to show off their creative flair, with their artwork featured on the front cover of the 2024 QTAC Guide. Last year, the 2023 QTAC Guide Cover winner received a special prize from QTAC. Now is your chance to be in the running to win! Entries have been extended to 12 MARCH 2023. Show us your interpretation of the concept "**Choose the Future**" and click the link below to enter your artwork or for further details!

<https://www.qtac.edu.au/2024-qtac-guide-cover-competition/>

Previous covers:



Wellness Room:

We remind all students and staff that the Wellness Room is now available for improving your physical, social, occupational, intellectual, environmental spiritual, and emotional wellbeing.

This is a quiet and private place where you may need to take a moment to refresh and repair.

Please check in with Harrison or Tania to access to the room that is near the Sick Bay.



Wellbeing: Mindful March

Mindful March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them
6 If you find yourself rushing, make an effort to slow down	7 Take three calm breaths at regular intervals during your day	8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying
13 Pause to watch the sky or clouds for a few minutes today	14 Find ways to enjoy any chores or tasks that you do	15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 Have a 'no plans' day and notice how that feels	19 Cultivate a feeling of loving-kindness towards others today
20 Focus on what makes you and others happy today <small>dayofhappiness.net</small>	21 Listen to a piece of music without doing anything else	22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today
27 Appreciate nature around you, wherever you are	28 Notice when you're tired and take a break as soon as possible	29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life		

ACTION FOR HAPPINESS

Happier · Kinder · Together





Restorative Conversations



Support Services



Support for eating disorders and body image issues.

Talk to someone now- Call the National Helpline 1800 33 4673

Chat Online 8am-Midnight, 7 Days per week with a Counsellor.

It is not a crisis care service. In an emergency dial 000, Life Line 131 114 or Kids Helpline 1800 55 1800.



Kids Helpline
1800 55 1800
Phone support is there all day, every day
Online support is open from 8am-midnight every day (AEST)



Suicide Call Back Service
1300 659 467
Phone support all day, every day, and follow-up calls



Open Doors Youth Service provides support to young people with diverse genders, bodies and sexualities. We support young people who identify as Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Asexual, Pansexual, Sistergirl or Brotherboy (LGBTIQAP+ Sistergirl & Brotherboy)

Phone: (07) 3257 7660



headspace
1800 650 890
Open 9am-1am daily (AEST)



Remember, help is always close.

Mental Health and Wellbeing

13 11 44

Remember, help is always close.

It ain't weak to speak



Lifeline
13 11 14
Phone support all day, every day
Online support 7pm-4am daily (AEST)



Beyondblue
1300 22 4636
Phone support all day, every day
Online support 3pm-midnight every day

Feedback Process

At The BUSY Schools we want everyone to have a voice! We want to hear any compliments and/or concerns. The best way for feedback to be effective it to pass it through the most relevant channels. If you have anything you need to express, you could:

- Approach the relevant people directly and have a respectful conversation to resolve the incident;
- Approach Anne English to discuss the issue; and/or

Report the feedback on the BUSY Schools Website: <https://www.busyschools.qld.edu.au/busy-schools-feedback/>

INCLUSIVITY

People of all communities coming as one team for common goals.

EXCELLENCE

We always strive to exceed.

RESILIENCE

Equipped to meet challenges and excel.

Integrity

We act with honesty and sincerity.

Innovation

Embracing new ideas and technology to stay ahead of change.



Connect with us



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www.busyschools.qld.edu.au