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The BUZZ from the Campus Principal**Enrolments Update****Last Week's Enrolments: 74**
School Total Enrolments: 89**New Year 11 Enrolments: 11**
New Year 12 Enrolments: 4

As the first term comes to an end, we would like to acknowledge the amazing start of the Brisbane City campus. Engagement has been phenomenal and we are delighted that so many of our students are telling friends of the great experiences they are having by attend the BUSY School. We are excited for Term 2 and the opportunities it offers. We are hoping to see students begin work experience and continue/start different certificate courses either with RTOs or TAFE. Our new Employment Pathways Officer, Richie, comes from BUSY Work and we know his experience and hands-on knowledge will bring great opportunities for our students.

It has been fantastic to see the **smiles on faces** as students received their results for different subjects. Hearing comments like 'I've never gotten an A before' and 'Wow – maybe I can do good at school' make our roles as teachers so fulfilling. Knowing that students are seeing success for their hard work and realizing that they have a bright future makes everything we do worthwhile. So, on behalf of all the staff we would like to congratulate all students for the work they have done, to thank them for their readiness to learn, and to encourage them to build upon these successes in Term 2. We are incredibly proud of you all and look forward to growing with you next term.

Course and program enrolments for Term 2

We are now taking names for students who would like to enroll in the **Certificate III Entrepreneurship and New Business**. Skill 360 from the BUSY Group will provide the training and learning so all students who enroll in the course will need to complete a Literacy, Language, and Numeracy test and complete the enrolment form. Please note that for students to be able to participate in the running of a small business stall at the markets, they must demonstrate a commitment to the course through their attendance and completion of class work. We will also be offering the **Thrive** mental and physical health program as of Week 2 during Tuesday (Group 1) and Thursday (Group 2) elective classes at 12.00-12.45pm. Students must have a signed consent and waiver form prior to attending this activity.

The Training Ground is local friendly gym who have joined with us to offer students fitness sessions during their Monday (Group 1) and Wednesday (Group 2) elective classes at 12.00-12.45pm. Josh and his team have given the BUSY School a great discount as their way of supporting our students. The team is really enthusiastic about seeing our young people achieve their goals and are excited to join us in Term 2.

To our students, get some rest so that you can recharge your batteries.

To all our families, we wish you a safe and happy Easter holiday/break.

To our staff, enjoy a well-deserved break with your families and friends.

7 Rs to Refill your Cup

- ❖ Rest
- ❖ Reflect
- ❖ Replenish
- ❖ Recreate
- ❖ Revive
- ❖ Rejuvenate
- ❖ Refresh



Need **HELP** deciding which
CAREER path to take?

Get real world insight
and advice from women
in the know!

*I left
'mainstream'
school in
Year 10*



*I studied pop
music and
performance*



*I switched
from
medicine*

*I'm working to
find new
energy sources*



*I had no
idea what I
wanted to
do*



*I changed
from arts
to science*

UNIQ *You*

Choosing a career path is a big decision! It can be overwhelming, with so many choices and lots of information to consider. Talking to women who have been where you are and are now working in their dream jobs can open your eyes to new opportunities and what it's really like. If you're in Grade 9-12, UNIQ You can arrange a video call with one of our amazing advisors, so you can get all your questions answered.

To find out more:

**Talk to David
in The Hive**

Visit uniqyou.com.au



HOW TO BOOK A CALL

STEP 1: CHOOSE YOUR ADVISOR

Explore unique and interesting roles and pathways through the [UNIQ You website](#) or view our advisors by subject guide. These options give you access to our of almost 100 strong, positive, female role models.



STEP 2: COMPLETE BOOKING REQUEST FORM

Once you know who you would like to talk to, complete the easy-to-use [online booking form](#) to request a call at a time that suits you.

STUDENT BOOKING FORM



STEP 3: HAVE THE CALL!

Keep an eye on your email for a confirmation email with a date, time and Zoom link. You will also be joined on the call by a UNIQ You team member or your school educator. You are also welcome to bring a friend along on the call as long as they are not on camera.



Curriculum:

Tips for supporting student learning:



REST and REJUVENATE by:

- Turning off devices
- Getting some exercise
- Eating well
- Sleeping
- Going outside – smell the fresh air

Reminder: Our school uses **Microsoft Teams and OneNote** to enhance the learning experience for our students. **Students** can access class materials and assignments, collaborate on projects with classmates, and use One Note as a digital notebook, to store class notes, complete assignments, and organize their work.

Parents and carers can access this platform from home to support young people. You can view your child's class materials, see their progress, and stay informed about their assignments.

This will help you to stay involved in your child's education and support their learning at home.

Microsoft Teams
+ OneNote
work together to
make your life easier



The Hush

The Hush is a quiet room for quiet work or for quietness at breaks.

Students can come in on the flexible industry days to catch up on their subjects or work on assessment or to work on some of their TAFE components.

The Hush will also be used by new students when they first start as part of their orientation with the support of the Teacher Aide or other staff.

With the start of our new teachers, The Hush will now have teachers available to help students who need any extra support with their learning.



Upcoming Events/Activities:

2023 QATSIF (Queensland Aboriginal and Torres Strait Islander Foundation) Creative Arts Competition. This competition is **open to all Aboriginal and Torres Strait Islander secondary students** in Queensland schools. There is no limit to the range of creative arts that can be entered, so please don't be limited by the suggestions on the poster.

This will be the 6th annual QATSIF Creative Arts Competition. You can check out some of their deadly 2022 QATSIF Creative Arts Competition entries at: <https://youtu.be/q8c1rfw0hik>

All students entering the competition will receive a certificate and either a trophy or medallion. Griffith University will be sponsoring the competition again and are planning to connect with some of the young artists to offer additional opportunities.

If you are interested, ask Harrison for an entry form.



Calling all YEAR 12 Students: 2024 QTAC Guide cover competition

Over the past few years, QTAC have featured artwork created by Queensland Year 12 students on the front cover of the QTAC Guides, and this year they're doing it again! One lucky current Queensland Year 12 student will get the chance to show off their creative flair, with their artwork featured on the front cover of the 2024 QTAC Guide. Last year, the 2023 QTAC Guide Cover winner received a special prize from QTAC. Now is your chance to be in the running to win! Entries have been extended to 12 MARCH 2023. Show us your interpretation of the concept "**Choose the Future**" and click the link below to enter your artwork or for further details!

<https://www.qtac.edu.au/2024-qtac-guide-cover-competition/>

Previous covers:



Wellness Room:

We remind all students and staff that the Wellness Room is now available for improving your physical, social, occupational, intellectual, environmental spiritual, and emotional wellbeing.

This is a quiet and private place where you may need to take a moment to refresh and repair.

Please check in with Harrison or Tamar to access the room that is near the Sick Bay.



Wellbeing: Mindful March

Mindful March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 6 If you find yourself rushing, make an effort to slow down	 7 Take three calm breaths at regular intervals during your day	1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them
13 Pause to watch the sky or clouds for a few minutes today	14 Find ways to enjoy any chores or tasks that you do	8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying
20 Focus on what makes you and others happy today dayofhappiness.net	21 Listen to a piece of music without doing anything else	15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 Have a 'no plans' day and notice how that feels	19 Cultivate a feeling of loving-kindness towards others today
 27 Appreciate nature around you, wherever you are	28 Notice when you're tired and take a break as soon as possible	22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today
ACTION FOR HAPPINESS			Happier · Kinder · Together			

Support Services



Support for eating disorders and body image issues.

Talk to someone now- Call the National Helpline 1800 33 4673

Chat Online 8am-Midnight, 7 Days per week with a Counsellor.

It is not a crisis care service. In an emergency dial 000, Life Line 131 114 or Kids Helpline 1800 55 1800.



Kids Helpline
1800 55 1800
Phone support is there all day, every day
Online support is open from 8am-midnight every day (AEST)



Suicide Call Back Service
1300 659 467
Phone support all day, every day, and follow-up calls



Open Doors Youth Service provides support to young people with diverse genders, bodies and sexualities. We support young people who identify as Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Asexual, Pansexual, Sistergirl or Brotherboy (LGBTIQAP+ Sistergirl & Brotherboy)

Phone: (07) 3257 7660



headspace
1800 650 890
Open 9am-1am daily (AEST)



Lifeline
13 11 14
Phone support all day, every day
Online support 7pm-4am daily (AEST)



Remember, help is always close.
Mental Health and Wellbeing
13 11 44
Remember, help is always close.
It ain't weak to speak



Beyondblue
1300 22 4636
Phone support all day, every day
Online support 3pm-midnight every day

Feedback Process

At The BUSY Schools we want everyone to have a voice! We want to hear any compliments and/or concerns. The best way for feedback to be effective is to pass it through the most relevant channels. If you have anything you need to express, you could:

- Approach the relevant people directly and have a respectful conversation to resolve the incident;
- Approach Anne English to discuss the issue; and/or

Report the feedback on the BUSY Schools Website: <https://www.busyschools.qld.edu.au/busy-schools-feedback/>



Connect with us



/busyschools



/busyschools



www.busyschools.qld.edu.au