

The BUSY Schools Cairns Campus: Newsletter

Term 3, Week 6 Friday 18th August, 2023

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A note from the Campus Principal

It's astonishing how time flies – we're already gliding through Week 6! As we embrace each moment, let's celebrate the achievements, the newcomers, and the flavors that add zest to our journey together.

Thanks to the generosity and culinary prowess of Cor, our taste buds were treated to an unforgettable morning feast. The aroma of sizzling bacon, the perfectly cooked eggs created an atmosphere of warmth and togetherness that truly encapsulated the spirit of our community.

Meanwhile, the Year 11s are taking charge of their future, busily preparing for the upcoming year as they dive into leader applications and brainstorm captivating designs for their senior shirts. Their dedication and enthusiasm are truly commendable as they embrace the exciting journey ahead.

A warm welcome is extended to Glenda Luke and her new class, who have seamlessly settled into our school community. Their positive presence and energy have already become an integral part of our daily rhythm, adding to the richness of our learning environment.

Let's also extend a warm greeting to Aleni, who joins the BUSY Health team, stepping into the role previously held by Cindi. Aleni's expertise and fresh perspective are certain to contribute to the continued success of our health initiatives.

Naomi Vucas Campus Principal

Attendance Expectations

Being punctual at school is crucial for your success. Every late arrival, late class entry, and early departure affects attendance percentage. QCAA also mandates a minimum number of teaching hours for QCE, and your student's presence ensures they don't miss valuable learning.

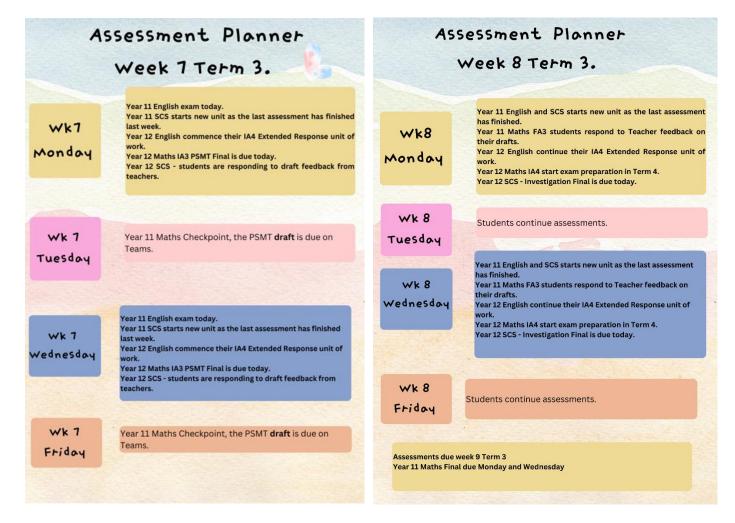
This week, there were 144 late arrivals and 53 early departures, so let's work together to improve attendance at Cairns BUSY Schools.

Real Schools Partnership

We're excited to share the positive outcomes of Real Schools consultant Kirsty Lush's recent visit. Kirsty immersed herself in our classrooms and was pleasantly surprised by our students' engagement and the calm, nurturing environment our staff works so hard to foster. Her observations reflect the dedication of both students and educators.

Kirsty also shared her insights during a Parent Information Session, and we extend heartfelt thanks to the parents who participated. Your commitment to our community is invaluable.

A special note of gratitude to Kirsty Lush for her valuable feedback. Together, we're shaping an exceptional educational journey for our students. Stay tuned for more updates as we continue to build an enriching school environment.



Mind Hooks

How Does Your Mind Hook You?

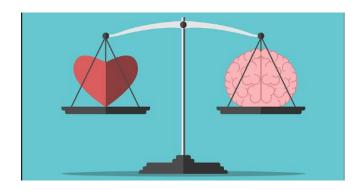
The human mind is excellent at telling stories which we get hooked on, believing that they are instructions for living our life, rather than just being thoughts and feelings to observe.

The stories our mind sends us may include thoughts, beliefs, ideas, attitudes, assumptions, opinions, judgements, and narratives that we carry with us like a rule book for life. Of course, if these 'rules for life' are in line with our values and, help us to live a fulfilling life, then all is well, but all too often we get hooked by things our mind tells us that move us away from the life we would like to lead.

- 1. Judgements what judgements does your mind make about yourself, others, and the world around you?
- 2. Time Travelling what stories from your past, painful or otherwise, does your mind try and hook you with?
- 3. **Reason Giving** what are the reasons your mind gives you as to why you can't or shouldn't do the things that are important to you?
- 4. **Rules** what are the rules that your mind insists you follow in terms of how you live your life, what you and others should and shouldn't?

What Has Your Mind Hooked You With?

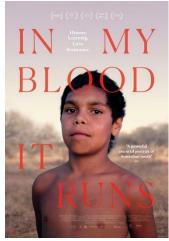
Make a list of all the things your mind tells you that you've become hooked on. How many of them are holding you back from living the life you really want and how many are helping you move towards that life?



Year 11 Essential English

Week 6 and we are nearing the finish line! This term students have been studying the Unit 'Texts and the Human Experience' which involves understanding how individuals shape texts to represent issues and shape meaning. We have been focusing in particular on a movie called 'In My Blood it Runs' which is a documentary about a 10 year old Aboriginal boy growing up in Alice Springs. Dujuan, the focus of the movie, faces many challenges in his life including coping at school within a curriculum that doesn't suit his needs, and juggling his Aboriginal culture with fitting into Australian society. If you would like to view this documentary, it is available on Netflix.

This week, students have been sitting their Mock Exams in preparation for their final Exams for this Unit in Week 7. This practice is essential as it helps students to not only understand the content of the exam but prepare themselves for the strict conditions under which Year 11 exams are held. This will also help them to prepare for the rigors of Year 12 next year. Following the Mock Exam, students have reflected on how they went and the extra study and support they may need to do to be ready for their Exam next week. We are all so proud of our Year 11 cohort



Avoid looking Space out your learning at your phone **Test yourself** Surround yourself with positive people Schedule in time for yourself lse positive self-talk xercise regularly system for help in the exam hall

10 tips to prepare

for trying their best this week and wish them all luck in the exam!



Year 12 Graduation Update...

YOU ARE ABLE TO INVITE 2 GUESTS. IF YOU WOULD LIKE TO INVITE AN EXTRA PERSON, PLEASE SEE BEC TO POP YOUR NAME ON A LIST AS THERE **MAY BE** EXTRA SEATS AVAILABLE (NOT GUARANTEED)

AS OF WEEK 10, TERM 3, WE WILL HAVE A DISPLAY OF DRESSES FOR THOSE OF YOU WHO MAY NEED TO BORROW A DRESS (WE WILL ALSO HAVE NEW DONATED DRESSES!)

IF YOU ARE NEEDING A SUIT TO BORROW, WE HAVE AN OPTION FOR YOU AS WELL. PLEASE SEE BEC TO HAVE YOUR NAME ADDED TO A LIST AND FOR FURTHER INFORMATION

THERE IS THE POTENTIAL FOR YOUR CLOTHING TO BE ALTERED THROUGH THE SCHOOL AS WELL – WE WILL KEEP YOU POSTED ON UPDATES AND DATES AS TO WHEN THIS IS LIKELY TO TAKE PLACE

If you have any questions at all, please see Bec in
Classroom 5
A huge THANK YOU to Kim McAlonan, one of our amazing
Year 12 parents, who is working behind the scenes

Year 12 parents, who is working behind the scenes organising donations of clothing ⊕

EMPLOYMENT PATHWAY OFFICER REMINDER!

PLEASE CHECK COMPASS NOTICEBOARD DAILY FOR ANY NEW COURSES OR VACANCIES THAT YOU MIGHT BE INTERESTED IN APPLYING FOR

JAMES COOK UNIVERSITY – BUSINESS, LAW MORNING TEA

For any students that are interested in **Law, Finance, Business, Tourism or Commerce**, James Cook University Smithfield Campus is holding an intro event for any students interested in studying in these sectors.

Application for Heroes in Business 5/09 - https://study.jcu.edu.au/BusinessHeroes

This event will be at the Pullman Cairns International with morning tea and lunch provided for the students. If you are interested in applying, please do through the above link, keep in mind there are limited spots.

QANTAS APPRENTICESHIPS 2024

The 2024 QANTAS Aircraft Maintenance Engineering Apprenticeships are now live for all applicants (including your First Nations students). The below flyer contains QR codes with information on how to apply. There is a QR code for each city. These positions will close in early September and the assessment occurs soon after.

This QR code lets you register for the webinars being run to help you to understand the assessment process, explain the apprenticeships, and ask questions if needed. Parents can also attend these webinars to assist their family in making decisions.

VIRTUAL AUSTRALIAN DEFENCE OPEN DAY

The Australian Defence Force Academy (ADFA) comes to you in 2023 with the <u>Virtual ADFA Open Day now live</u>. <u>Visit the site now</u> for interviews with ADFA alumni, ADFA trainee officers and UNSW Canberra academic staff and learn what it's like to study and live at ADFA. Plus, head to the <u>What's On</u> section to see what live events are happening at Open Day, which you can tune into online or attend in-person on Saturday 19th August.

Want to learn more about a specific university degree? There will be information sessions livestreamed on the day: **Time** Watch Here On The Day Degree WATCH LIVESTREAM 10:00am - 11:00am **Business** WATCH LIVESTREAM **Engineering & Computing** 11:30am - 12:30pm WATCH LIVESTREAM Science 1:00pm - 2:00pm WATCH LIVESTREAM Arts 2:30pm - 3:30pm The times displayed are AEST. In the meantime, <u>learn more</u> about the degrees available at ADFA.

UPCOMING SITE VISITS

BUSY Schools students have been invited to attend a site visit for construction projects run by Construction Skills Queensland. This site visit is for multiple trade career pathways and are a great insight for students who are not sure of their future employment or study.

Thursday 14th of September – VIS Constructions in Edmonton

This site visit has limited spaces, so make sure to come and see Amanda and Amba in the EPO office for a permission form.

FOUNDATION FOR YOUNG AUSTRALIANS – YOUNG MAJORS PROGRAM

Cairns Regional Council is very excited to be partnering with the Foundation for Young Australians to take part int the pilot of the Young Mayors Program.

This program will give young people aged 13 – 17 the chance to create a better future for themselves and their community by joining Cairns' first ever democratically elective youth council. We are looking to establish a group of 12 Young Councillors who will be supported for a 18 month term to develop and deliver projects that benefit young people in the region.

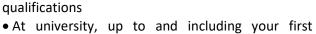
Here's a link for more information: Young Mayors Overview for Schools - Cairns (fya.org.au)

YOUNG CARER BURSARY APPLICATIONS OPEN

Applications for the 2024 bursary will open from 18 July to 12 September 2023. The Young Carer Bursary Program supports young carers to continue with their education and reduce their need to undertake paid work at the same time as their study and caring duties.

The program offers 1,592 bursaries of \$3,768 each year to assist with education needs and resources. To apply you must be a young carer:

- Aged 12 to 25 years old for the entire time you're receiving the bursary
- Studying an approved course in Australia within a recognised Australian institution, either full-time or part-time
- Enrolled in high school
- TAFE or a registered training organisation (RTO) studying towards higher vocational education and training (VET)



- undergraduate degree*
- An Australian citizen or permanent resident living in Australia
- Not receiving another scholarship

Please speak to Amanda and Amba in the EPO office for assistance in applying or any questions



2024 QANTAS GROUP APPRENTICESHIPS

Qantas Brisbane

Qantas Melbourne





Qantas Link Canberra



Oantas Link Sydney





UNIVERSITY OF QUEENSLAND TERM 3 CAMPS

InspireU Tertiary Experience Camps are designed for Aboriginal and Torres Strait Islander high school students to experience what it's like to be a UQ student. InspireU Camps are held over five consecutive days, with participants staying at a campus college and taking part in university and cultural activities.

While on camp, InspireU students can:

- Experience the vibrant student life on campus
- Find out more about study areas of interest and hear from expert staff and industry partners
- Learn about the success and support services available to our students
- Participate in fun and interactive workshops
- Connect with current Indigenous UQ students and learn about their university experiences

If you are interested in applying for this camp over the Term 3 school holidays, please speak to Amanda and Amba in the EPO office.

CAIRNS AIRPORT – AVIATION CAREERS DAY

This is a great opportunity to BUSY Schools students to come an explore the different roles in the career avenues in the Aviation Industry, current job availability, further education and more.

Each Booth has plenty of give aways to those who ask questions, there will be several aircrafts on display for an up-close viewing, VR experience, Break Out Sessions, and a Flight Simulator available at CQU.

DATE: Sunday 27th of August 2023

TIME: 9am to 12pm

LOCATION: Cairns Domestic Airport (Free Entry).

Also the Cairns Festival Grand Parade on the 26th of August 2023 (a day prior our event), arrival at 4:30pm as there will be an aerobatic display in the sky to help promote our Careers Day.

More information about the event is in the link below, we highly encourage everyone to register for the event. - https://www.cairnsairport.com.au/corporate/careers/cairns-airport-careers-day

SHORT COURSES FOR TERM 3!

Here are the new dates for compliance courses for Term 3:

Tuesday 5 September – First Aid & CPR **Friday 8 September** – Construction White Card

If you are interested in putting your name down, please come and see Amanda and Amba for an enrolment form.

NEW BOOKING SYSTEM FOR EPO'S

As Amanda and Amba have moved to their new office and students don't have direct access to them, there is a online booking system for students now!

All you need to do is click on the link below and book in a time slot - just remember each time slot is 5 mins. If you are needing more time with Amanda and Amba, make sure to book double time slots.

Bookings with me - Amanda Lines - Outlook (office.com)

Bookings with me - Amba Tipton - Outlook (office.com)

Be kind and don't book a time slot if you aren't going to attend so that other students can book

Google Review

Have you noticed a positive change in your teen since they started attending The BUSY Schools? Would you like to share this with others?

Please leave us a review on our Google page to help others decide if The BUSY Schools is the perfect solution for their teen.

To leave a review, visit https://g.page/r/CUkV7U-PMCuEEBM/review.

Google ***

Feedback Process

At The BUSY Schools we want everyone to have a voice! We want to hear any compliments and/or concerns. The best way for feedback to be effective it to pass it through the most relevant channels. If you have anything you need to express, you could:

• Approach the relevant people directly and have a respectful conversation to resolve the incident;

• Approach Anne English to discuss the issue; and/or

Report the feedback on the BUSY Schools Website: https://www.busyschools.qld.edu.au/busy-schools-feedback/





Connect with us



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www.busyschools.qld.edu.au