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## A note from the Campus Principal

Welcome to week 9, with 2 weeks left of term 3 we are now well and truly in work mode and finalising/catching up on assessment work for Unit One and Two. Please note, that the last few weeks of term will be filled with tasks to complete and short courses that will contribute to students QCE attainment, the school will be in touch if a student has completed all of their required work. A reminder, that our last day of school for term 3, will be **Thursday the 14<sup>th</sup> of September**. We will also remind students and parents of this via text messaging.

We also thank the student and parent community for their patience regarding the commencement of the qualification Certificate II in Tourism, the school needed to ensure we had the minimum numbers and requirements to commence this training. I am sure the young people will enjoy this qualification which will finish with a visit to Tangalooma Island resort. The qualification will commence on Tuesday the 5<sup>th</sup> of September.

Finally, I would like to personally thank students Maveryk Hardcastle, Aidan Heaney and Hayden Strong for volunteering their time with our Teaching Aide Grace Tobin, in cooking our student BBQ for Wear It Purple Day. It is great to see students creating an inclusive environment for BUSY School Cleveland campus.

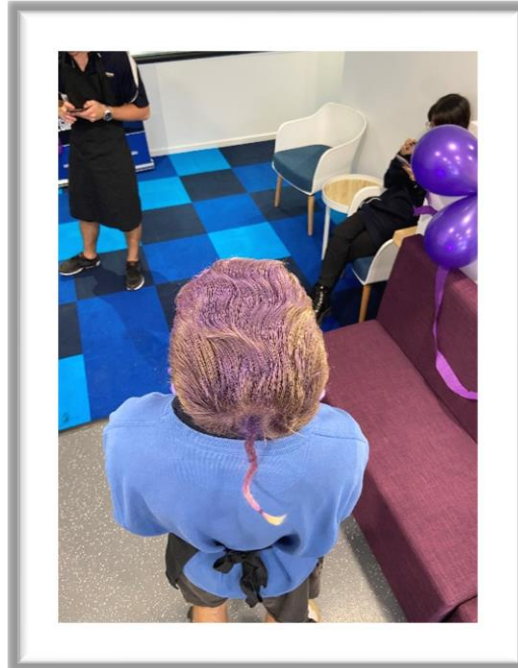
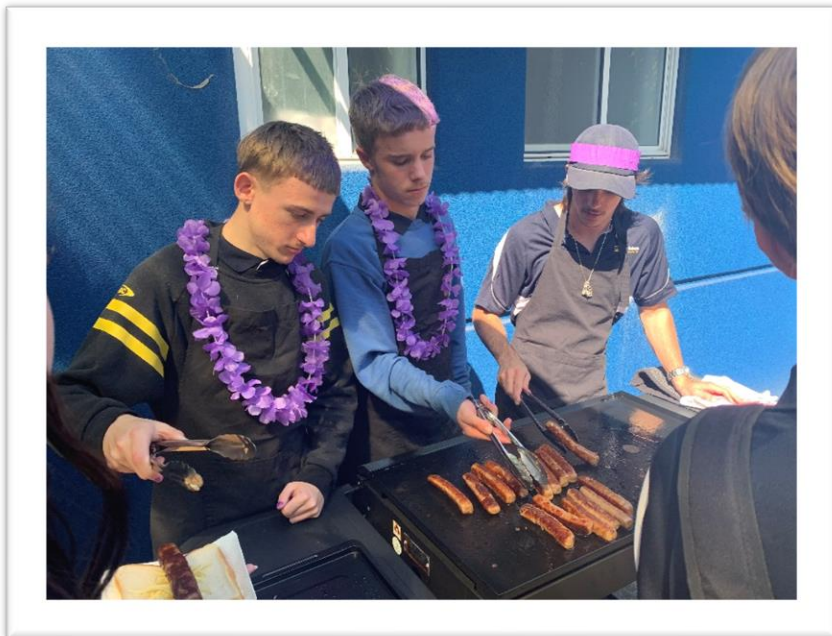
Term 4 will see our school commence student/parent interviews which will provide our parent community an opportunity to meet with our teachers 1:1 and receive feedback and discuss student SET Plans/IEP's for 2024. Both students and parents are required to attend as it relates to not only their school progress, but their enrolment into year 12. We will also have a Year 11 Award ceremony event which will see the announcement of our School Captains and student Council members for 2024.

As always, feel free to call at any time. We are always here to help.

**Andrew Cavanagh**  
Principal

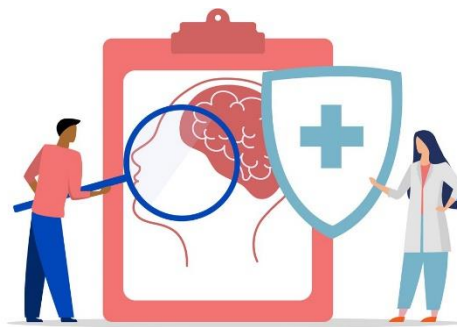
## Wear It Purple Day!

On Friday the 25<sup>th</sup> of August The BUSY Schools hosted “Wear It Purple Day” at Cleveland campus. Wear It Purple Day aims to raise awareness of, advocate for, and create a safe space for LGBTQIA+ youth. This year’s theme is “write your story” which highlights personal expression and individuality. As a campus, in recognition of this day, we will be having a free BBQ lunch together and inviting students to come with their nails painted purple. At The BUSY School, it is important to us that all students feel welcome, safe, and valued.



## Creating a Psychologically Safe School Environment

Since opening in May we have had the privilege of welcoming so many new students to The BUSY School Cleveland and are continuing to grow our beautiful school community. With a growing community and such a diverse student cohort, we have even more reason to make sure that every single student and staff member feels safe physically, emotionally, and psychologically.



To help foster a culture of psychological safety where each student feels safe to be themselves and share their ideas, we do not tolerate any negative conversations or jokes about peoples' cultures, abilities, and identities. We all need to be thinking before we speak and not engaging in any psychologically unsafe conversations towards or about our fellow school members.

We are so proud of the individual strengths, personalities, and abilities that each student and staff member bring to our school community and will not allow behaviours that put this culture of psychological safety at risk to go unaddressed. If you feel you have been affected by any conversations/speech of this manner, please do not hesitate to reach out to our Education Youth Worker or Campus Principal for support.

### Meet our Staff: Grace Tobin – Teaching Aide

My name is Grace Tobin, I am the Teaching Aide at the Busy Schools Cleveland Campus. When on campus you can find me doing a little bit of everything, supporting in classes or in Certificate courses, driving students to and from the train station or hosting board games as our elective. I love working with our Year 11 students and have a special place in my heart for alternative education especially in the senior years of high school. I attended a similar alternative program for the duration of year 11 and 12 and feel as though I can empathize with what students are facing on a day-to-day basis in and out of the classrooms. I feel very proud to be a member of the Cleveland Busy Schools team and love being able to assist and encourage students to gain meaningful employment, learn social skills and have positive and safe interactions with one another.



'Educating the mind without educating the heart is no education at all' - Aristotle.

### Term 3 Assessment Due Dates

- Essential English – CIA Exam (FIA2) – Week 5
- Essential English – Short Story (FIA3) – Week 9
- Essential Mathematics – PSMT (FIA3) – Week 8
- Social and Community Studies – Investigation (FIA3) – Week 8

## Strategies In the Classroom – Maintaining Focus

### Maintaining Focus

Sometimes it can be difficult to maintain focus, particularly when we might be working on something challenging or something we don't particularly enjoy. It is completely normal to occasionally become distracted, but when it happens frequently, it can make meeting your goals more difficult. It is possible to overcome this, all you have to do is calm your mind and take back control. Below are some strategies that might help you in the classroom and beyond:

1. **Pause** – If you find your mind wandering, the first step is to pause and become aware of it. Observe that you are distracted and encourage yourself to get back on task.
2. **Meditation** – When your mind wanders take three full breaths while exhaling slowly. This will allow you to focus on what you are doing.
3. **Rest** – Sometimes you just need to take a break and rest. This could look like standing and having a stretch or having a brain break. Put a time limit on how long your break will be and return to the unfinished task when your time limit has been reached.
4. **Plan** – Sometimes you can't focus because your mind is busy with other things. In this case, make a plan of action. Making a list will help you create a map to the results you want to achieve.
5. **Intervals** – Try working in intervals: 20 minutes of focused work followed by 5 minutes of rest could really help you meet your goals. This is called the Pomodoro Technique – there is plenty of information online about this strategy.

**What strategy will you try?**



Reference: Green, I. (2021). *Life Skills 101: Everything You Need, But Won't Learn in School*. Ivi Green.

### Industry Updates with Brianna

We are thrilled to bring you some exciting news! The eagerly awaited Certificate II in Tourism course is set to begin on September 5th, 2023. This program delivered by Certified Tourism Industry Australia (CTIA), promises to be an enriching journey for our students, offering a blend of theoretical knowledge and immersive practical experiences.

One of the most distinctive features of this program is its strong emphasis on hands-on learning. We believe that true understanding comes from applying theoretical concepts in real-world scenarios. Through this approach, our students will be able to engage actively with the curriculum, reinforcing their learning and gaining invaluable practical experience.

We are excited to share a highlight of this course – an immersive single-day excursion to the renowned Tangalooma Island resort in the first term of 2024. This excursion is not just a leisurely outing; it's an opportunity for our students to witness the tourism industry in action. During their visit to Tangalooma Island resort, they will be able to observe and learn from various aspects of resort management and customer service, gaining insights that textbooks simply can't provide.

In addition to the buzz around the Certificate II in Tourism course, we're pleased to update you on the progress of our Certificate II in Hospitality students. They have been excelling in their studies, and their next adventure begins next week as they delve into the practical component of the Barista training. This hands-on experience will equip them with the skills needed to master the art of coffee-making, an asset in the hospitality industry.

As we eagerly anticipate the start of the Certificate II in Tourism course, we encourage all students to embrace this unique opportunity for growth, learning, and exploration. With CTIA's expertise guiding the way and a commitment to hands-on education, we are confident that this course will be a stepping stone toward a successful and fulfilling career in the exciting world of tourism.

Stay tuned for more updates as we embark on this educational journey together!

## Campus Moments



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Have you noticed a positive change in your teen since they started attending The BUSY Schools Cleveland? Would you like to share this with others?

Please leave us a review on our Google page to help others decide if The BUSY Schools the perfect solution for their teen. To leave a review, visit <https://g.page/r/CWWIQ0vT6tcCEBM/review>.



### Feedback Process

At The BUSY Schools we want everyone to have a voice! We want to hear any compliments and/or concerns. The best way for feedback to be effective is to pass it through the most relevant channels. If you have anything you need to express, you could:

Approach the relevant people directly and have a respectful conversation to resolve the incident;

- Approach Andrew Cavanagh to discuss the issue