

# The BUSY Schools Southport Girls+ Campus: Newsletter

Term 4, Week 4 Friday 27<sup>th</sup> October, 2023

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# A note from the Campus Principal

Dear Families,

Thank you to families for encouraging your students to be prepared and ready for school. If your student is not to be on campus, please text, email or call and notify the office. There are no scheduled early release times, if there is a change in the daily timetable for students, families will be notified.

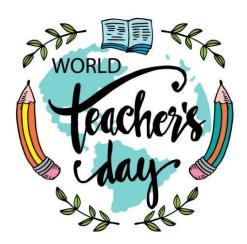
We want to thank the Mastery School for bringing their students to the campus for a tour and chat. It was great to see so many students wanting to know all about The BUSY School Southport.

I want to thank Ashleigh Enoka for bringing the music to Southport and bringing beautiful songs into our campus. Thank you to Bronwyn Whitiker from the French Beauty Academy for giving our students a taste of beauty made at home.

Remember Parent/Teacher Conferences beginning 20 - 22 November 2023, we will begin to reach out and schedule appointments.

Kind regards,

Ulla Hansson Campus Principal





#### **Essential English**

'Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.' (Thomas Edison)

The students have all worked super hard this week, completing assessments whilst preparing for their fourth and final assessment of year 11. We have continued exploring Inspirational Australians and their representations in the media. The students have now chosen their own Inspirational Australian and have begun their own research.

This week's Star of the Week is...drum roll...Petra! Petra has worked diligently all week and has demonstrated great determination and resilience. Petra, we couldn't be prouder!

#### **Essential Mathematics**

The end is so close, we have now completed week 4 of 8. Students have been working on revision, getting ready for their end of year exam for Mathematics. Students are more than welcome to take advantage of our Mathspace online program at home to help them in their studies. We are working hard towards the completion of Unit 1 and Unit 2 to successfully complete year 11. We are thanking you for your support and encouragement of your students success.

# **Social & Community Studies**

This week we learned about investing and equity, we learned how to go from saving money to growing wealth and the students played some simulator games where they go to make financial decisions. Students then evaluated their progress so they could make more informed decisions in the future. Next week we are heading into revision for the exam that will take place in week 7, this will mean lots of practicing paragraph writing and practice making financial recommendations.

#### **STEM**

This week we really got into the swing of 3D printing, evaluating designs, and prototyping their cup holder. The business case is coming along wonderfully, and Students have budgeted from the first year of business and are working towards an excellent pitch.



# **Electives and Pathways to Employment**

Lots happening in the last term leading up to the long school holidays giving the girls a taste of different skills and industries as well as sorting out traineeships, Certificates etc so the girls don't have to stress in year 12.

Yesterday saw Bronwyn Whitiker come in from the French Beauty Academy and teach the girls about skin care and how to make an at home recipe for a face mask rather than spending a lot of money on 'designer' brands – may not look the greatest but your skin will thank you!







We also saw the start of our music class which will be running for 5 weeks on a Wednesday here at school Ashleigh Enoka a qualified music teacher has started this with a song to learn – the girls were very quiet at the beginning but at the end sounded amazing in such a short period of time. Ashleigh will be teaching a variety of songs over the coming weeks along with a musical instrument -stay tuned for this.





# **POTTERY CLASS**

The Temple Clay studio is coming in to teach the students how to make a masterpiece out of clay which she will bring back after firing and glazing Tuesday October 31<sup>st</sup> and November 2<sup>nd</sup> 8.30-9.30am (if students are late, they miss out) students know which group they are in.

Feel free to contact me if you have any concerns or questions otherwise, I'll see you at the parent teacher interviews.



#### **Gold Coast Rainbow Communities**

This week we had some representatives from Gold Coast Rainbow Communities come to the school to explain their organisation to the students. Danni (she/her) and Ember (xe/they) explained the mission of their organisation and how Gold Coast Rainbow Communities have grown in the last few years since beginning operation. They also explained the evolution of pronouns how profoundly respectful use pronouns impacts the members of the rainbow community.



# Wellbeing & Support

With final exams fast approaching, it is important to remember to try and use some strategies to help reduce stress and try to prepare for the exams. Headspace have given some good tips to help reduce stress and ensure that you're as organised as you can be.

#### Take the time to plan

- Prepare a study plan and goals for each day / week. Make sure it's balanced with other important things in your life - that way it will be easier to stick to.

#### Look after yourself

- Self care is especially important when you have a big demand in your life - that way you have the energy to commit to what you need to accomplish.

# Stay focused

- Say "no" to parties during the weeks close to the exams. This will help to keep you refreshed and energised.
- When studying, switch your phone off to stop the distractions.

# Ask for help

- Stay at school until your last day so you don't miss any important info about exams.
- Practice writing essays and show your teachers for feedback for improvement.
- Ask teachers the best way to study for each subject; they have many years experience they can share with you.

# Be prepared

- Read/ write everything three times as this also helps to commit the info to memory.

# Day of the exam

- Do your usual routine, for example, have what you normally eat for breakfast.
- Take some water and a healthy snack (if allowed) to the exam.

#### And finally...

If the stress is getting to you it will prevent you from studying effectively and confidently - so ask for help from a support person at school, <u>headspace</u>, or help line.



#### **Feedback Process**

At The BUSY Schools we want everyone to have a voice! We want to hear any compliments and/or concerns. The best way for feedback to be effective is to pass it through the most relevant channels. If you have anything you need to express, you could:

- Approach the relevant people directly and have a respectful conversation to resolve the incident.
- Approach Ulla Hansson to discuss the issue.

Report the feedback on the BUSY Schools Website: <a href="https://www.busyschools.qld.edu.au/busy-schools-feedback/">https://www.busyschools.qld.edu.au/busy-schools-feedback/</a>





Have you noticed a positive change in your teen since they started attending The BUSY Schools? Would you like to share this with others?

Please leave us a review on our Google page to help others decide if The BUSY Schools is the perfect solution for their teen.

To leave a review, visit <a href="https://g.page/r/CfTeEoa7rKA">https://g.page/r/CfTeEoa7rKA</a> EBM/review.

